

Phoenix Bulldog Club

News for September, 2019

Hello Bulldog fans! Here it is already September.....another blistering summer has zipped by.

The next meeting of the Phoenix Bulldog Club will be on Wednesday, September 18th at Bass Pro Shop in the upstairs meeting room starting at 7:00PM. Come hear the brags about summer show wins and travel stories from our members. There will also be plenty of news from our Show Chair Yvonne Cockrill about our January specialty shows. And it's a good excuse to get out of the house and be social with other Bulldog lovers.



From Deb Lewis and Whissy!

Flagstaff's all breed show was a success for several members on July 20 & 21! Kim Nunez took best of breed on Saturday and Best of Winners on Sunday.

Debra Lewis took got first in open dogs both days and winners reserve on Sunday!

Yvonne Cockrill got best puppy both days,

The "air" was abundant with camaraderie, support, and respect for everyone exhibiting.

It was hard to wait to go in the ring after 30 plus Frenchies!!!!

As a pretty new owner/handler, it has been a terrific experience so far.

I want to personally thank my friends and fellow members of PBC.

Special appreciation to Mary Lou Allred for endless encouragement.

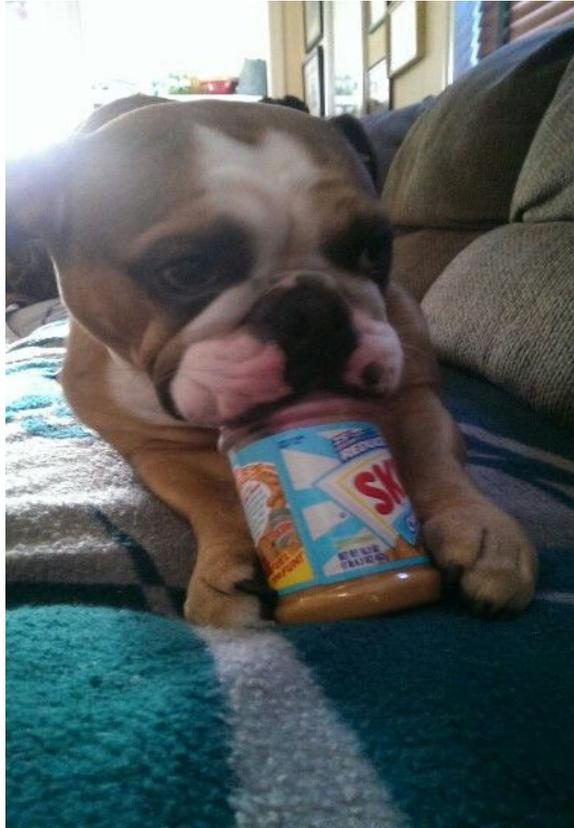
To Joyce Wolfe for helpful hints for inside and outside the ring.

Kay Grey for her frankness, honesty, keeping it real, and showing me how a champion is made.

Also, to Wendy Barnson for breeding such a great litter out of her Kessie and JD, and handling pointers!

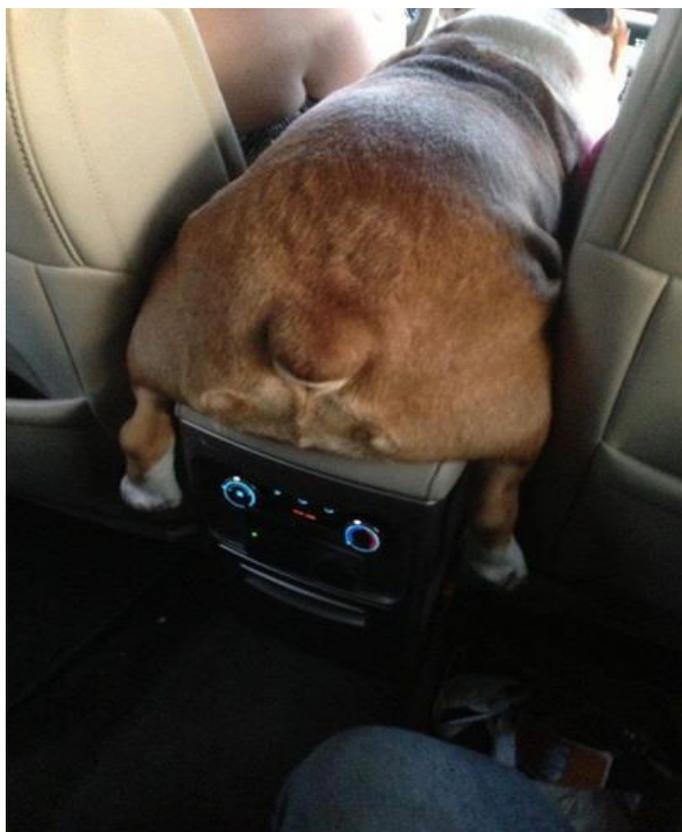
It took many years to get in the ring and it's really rewarding!

Looking forward to Prescott and, Rawhide and Nationals!!!!



Things that make Bulldogs happy:
eating peanut butter out of the jar

The Phoenix Bulldog Club specialty shows will be held on January 25 and 26, 2020. Our shows are under the umbrella of the Kachina Kennel Club. Judge Kathleen Hairston will be in the ring on the 25th and Judge Diane R. Landstrom will judge on the 26th. The location for the shows will be Mark Coronado Park in Surprise. (This park is the Kansas City Royals' spring training field.) It is at 159th Avenue and Bell Road. There are 3 hotels across the street and more just down the road. There will be free parking for exhibitors the day of the shows. It is an all grass venue that is fenced, has lights and bathrooms. For food, there will be food trucks. (Our hospitality plans have yet to be decided.) There will be more information shared at our meeting on Wednesday, Sept. 18th.



Things that make Bulldogs happy:
Car rides

Why Dogs Love to Ride

by Stella Starr
thedogplace.or

Behavioral studies show that dogs can tell when you're getting ready to "GO" and they actually get a "euphoric high" because they instinctively associate it with the pack gathering to go on the hunt. You know, you've noticed and laughed as your dog clearly says "hurry up!" If he's lucky that day and actually gets to go with you on the hunt (you usually find food but if you fail, he forgives you...) that initial adrenaline rush is sustained because as a trainer told me, "Riding in the car allows a dog to explore new sites, sounds and smells. Of course he loves going with YOU. Dogs are social (pack) animals, descended from wolves (so they say) that traveled 20 to 30 miles in an average hunting day. You are his pack leader and he is programmed to go where you go. Anyone who doesn't think wolf packs aren't bonded, part of a team, hasn't watched nature shows.



Things that make Bulldogs happy:
Mud

The Las Vegas Bulldog Club specialty shows will be held on Friday, October 11th at Morrell Park, 500 Harrison Street, in Henderson, Nevada. The Saturday and Sunday shows will be hosted by the Black Mountain Kennel Club. The premium list for “Waking Up in Vegas” is attached with this newsletter. The show will have a gift basket contest and fabulous raffle prizes. Ads for the show catalog are due by September 25th. Info on ads is on page 6 of the premium list. BCA Division III will be holding its 4th quarter meeting there. This is a Biennial Meeting. The time and place of the meeting is yet to be determined.



Things that make Bulldogs happy:
Naps

Now that cooler weather is coming to the Southwest, it's time for dog shows. These are Bradshaw show dates for the Fall. You can find more information on each show at jbradshaw.com.

Sept. 28 & 29 – Santa Ana Valley Kennel Club at Industry Hills Expo Center, City of Industry, CA.

Oct. 26 & 27 – Kennel Club of Riverside, Lake Perris State Rec Area, Perris, CA.

Nov. 2 & 3 – San Gabriel Kennel Club and Antelope Valley Kennel Club, Industry Hills Expo Center, City of Industry, CA.

Nov. 15 thru 18 – Tucson Kennel Club and Greater Sierra Vista Kennel Club, Pima County Fairgrounds, Tucson, AZ.

Nov. 29 thru Dec. 2 – Yuma Kennel Club and Imperial Valley Kennel Club, Yuma County Fairgrounds, Yuma, AZ.

Onofrio dog show dates are:

Oct. 4 thru 6 – Chaparral Kennel Club, Alamogordo, NM.

Oct. 18 thru 20 – Mesilla Valley Kennel Club, Las Cruces, NM.

Oct. 25 thru 27 – El Paso Dog Fanciers, Las Cruces, NM.

Nov. 2 & 3 – Coronado Kennel Club of New Mexico, Bernalillo, NM.

Nov. 8 thru 11 – Canada del Oro Kennel Club and Madera Canyon Kennel Club, Tucson, AZ.

Nov. 22 thru 25 – Scottsdale Dog Fanciers and Arrowhead Kennel Club, Chandler, AZ.

Dec. 6 thru 8 – Shoreline Dog Fanciers, Costa Mesa, CA.

More information on these shows can be found at onofrio.com



Things that make Bulldogs happy:
Treats.

When my boy Barney reached 11 years of age he developed separation anxiety. If I left the room he was in he would bark incessantly until I returned. It was an unexpected turn of events that was difficult because he would get so agitated. Now he is 12 and has moved past that stage, but it taught me the frustration and concern that dog anxiety can create for both dog and owner. The following is an article about Dog Anxiety written by Randa Kriss, May 14, 2019 at AKC.org. You can find the complete article at:

https://www.akc.org/expert-advice/health/treating-dog-anxiety/?utm_source=newsletter&utm_medium=email&utm_campaign=20190530-nibble_general&utm_content=health-understanding_preventing_and_treating_dog_anxiety-p3

Understanding, Preventing, and Treating Dog Anxiety

Just like humans, dogs experience anxiety. While unpleasant, it is a normal and also healthy emotion. Dog anxiety can affect all **breeds**, but may affect each individual dog differently. Although it is something that all dogs experience from time-to-time, if disproportionate levels of anxiety are left unchecked, a dog can develop an anxiety disorder. If left untreated, dog anxiety can lead to behavioral and other issues.

How do you know if your dog has anxiety? What can you do to treat dog anxiety? We're here to explain everything you need to know about dog anxiety — common causes, symptoms, and treatments. Additionally, we'll discuss top tips for anxiety prevention. This way, if your dog ever does suffer from anxiety — you'll have all the knowledge you need as an owner to help.

Dog Anxiety: Causes

According to the [Merck Veterinary Manual](#), dog anxiety can have a variety of causes. Some of the most common causes of dog anxiety are: Fear, separation and aging.

Fear-related anxiety can be caused by loud noises, strange people or animals, visual stimuli like hats or umbrellas, new or strange environments, specific situations — like the vet's office or car rides — or surfaces like grass or wood floors. Although some dogs may only have brief reactions to these kind of stimuli, they may affect anxious dogs more consequentially.

Separation anxiety is estimated to affect around 14 percent of dogs. Dogs with [separation anxiety](#) are unable to find comfort when they are left alone or separated from their family members. This anxiety often manifests itself in undesirable behaviors, such as urinating and defecating in the house, destroying furniture and furnishings, and [barking](#).

Age-related anxiety affects older dogs and can be associated with cognitive dysfunction syndrome (CDS). In dogs with CDS, memory, learning, perception, and awareness start to decline, similar to the early stages of Alzheimer's disease in humans. This understandably leads to confusion and anxiety in [senior dogs](#).

Dog Anxiety: Symptoms

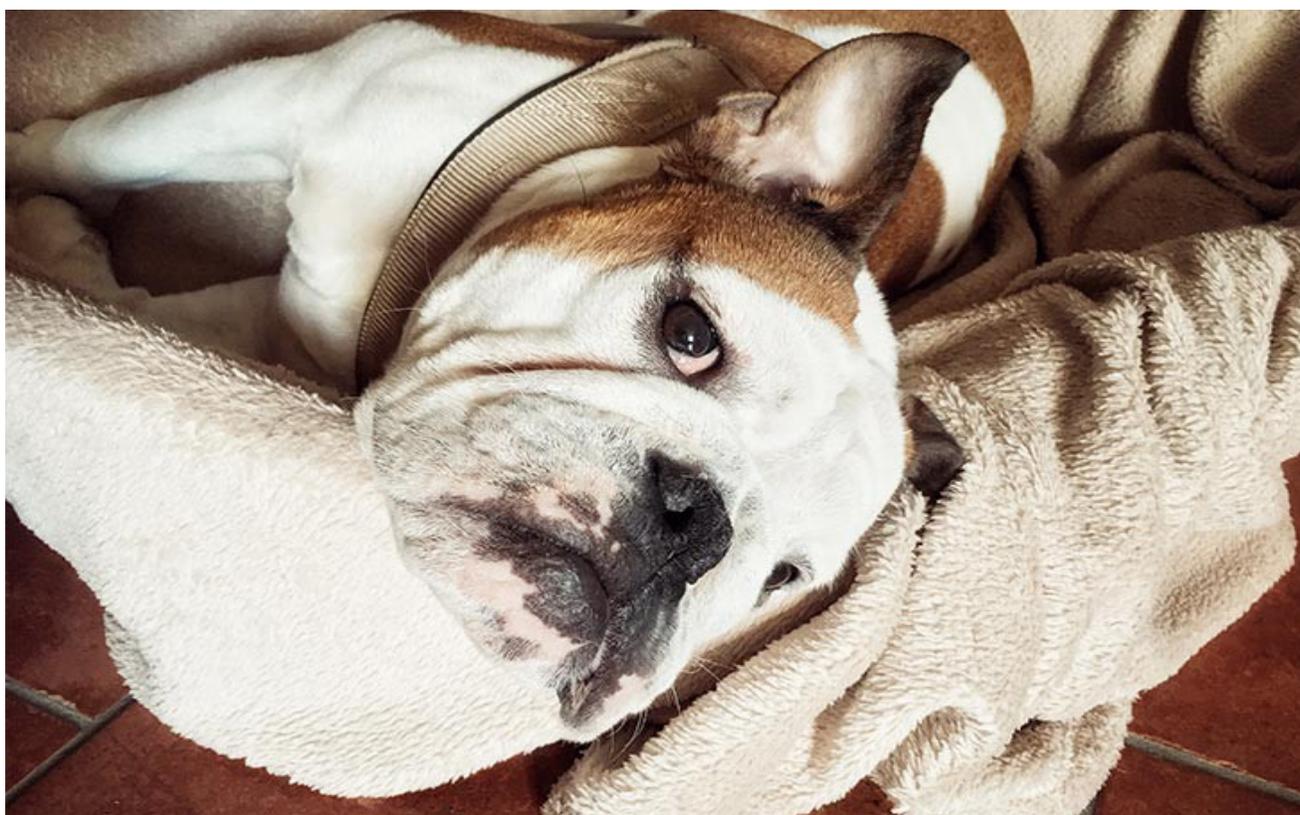
So how can you tell if your dog has anxiety? There are several important symptoms to look out for:

- [Aggression](#)
- Urinating or defecating in the house
- Drooling
- [Panting](#)
- Destructive behavior
- Depression
- Excessive barking
- Pacing
- Restlessness
- Repetitive or compulsive behaviors

Some of these symptoms may be the result of occasional anxiety-causing events, but any of these can become recurrent and therefore, result in more serious issues. This being said, by far the most dangerous symptom of dog anxiety is aggression. This aggression can be targeted directly or indirectly, depending on the situation. Direct aggression occurs when a dog acts aggressively toward people or

other animals. Indirect aggression can be equally dangerous, and often happens when a person comes between the dog and the source of the dog's aggression, such as another dog. Even if a dog is prevented from harming others, aggressive behaviors such as [growling](#) or barking can lead to undesirable situations for humans and dogs, alike.

Urinating and defecating in the house is a common symptom of separation anxiety. Anxious dogs often work themselves up to the point that they pee or poop in the house, even if they are housebroken. This is frustrating for owners and can cause damage to property, not to mention the unpleasantness of the cleanup. Destructive behavior is also common with separation anxiety. The damage is usually located around entry and exit points, like doorways and windows, but dogs in a state of heightened anxiety are also at risk of harming themselves. Attempts to break out of dog crates, windows, and even doors can result in painful injuries and expensive veterinary treatment.



Dog Anxiety: Treatment

The best way to treat anxiety is to talk with your veterinarian. Your veterinarian can help you identify the type of anxiety your dog suffers from and the possible causes and triggers. Your veterinarian will also be able to help you determine if the anxiety is simply situational, or if it is becoming an overwhelming issue for your dog. Additionally, veterinarians can also rule out any other medical conditions that could be causing your dog's symptoms.

Your veterinarian will help you come up with a treatment plan. Since excessive anxiety is often caused by a variety of factors, the best way to treat it is usually through a combination of training, preventive strategies, and in some cases, medications.

Training and Counterconditioning

There are several training strategies owners can use to treat dog anxiety. One way is counterconditioning. The purpose of counterconditioning is to change your dog's response to the stimuli responsible for anxiety, usually by replacing the anxious or aggressive behavior with a more desirable behavior, like sitting or focusing on the owner.

Another training strategy is desensitization. The owner slowly introduces the dog to the source of anxiety, preferably in small doses and at a decreased intensity. Repeated exposure and rewarding positive behavior can go a long way toward managing anxiety.

You might want to [contact a professional dog trainer](#) to help you choose the best approach for your dog, as training an anxious dog is not always easy.

Anxiety Medications for Dogs

If your dog develops a serious anxiety disorder, your veterinarian may recommend medications or natural therapies. SSRIs and antidepressants are occasionally prescribed for dogs with anxiety, including fluoxetine and clomipramine. For predictable anxiety-producing events like thunderstorms, fireworks, or car rides, your veterinarian might prescribe a medication such as benzodiazepine in conjunction with an antidepressant to help your dog cope with the stress.

Senior dogs with cognitive dysfunction syndrome may benefit from the drug selegiline, which can help reduce some of the symptoms of CDS. Selegiline is also used for treating chronic anxiety in Europe.

The Merck Veterinary Manual also states that natural therapies and products can help dogs with anxiety. Some products work best in conjunction with other medications, while others can be used alone, depending on your dog's case. Natural products use pheromones and aromatherapy to reduce anxiety. Talk to your veterinarian about the natural products best suited for your dog.

Using CBD Oil for Dog Anxiety

Some dogs owners have reported success in using [CBD oil](#) to treat dog anxiety. CBD is a compound found in cannabis and hemp that dog owners, as well as humans, have found useful for treating a variety of different health conditions. Anecdotal reports from dog owners claim that CBD oil can be effective in treating dog anxiety.

It's important to note, however, that although many humans use CBD oil for anxiety treatment purposes, there is currently no scientific data on how using CBD oil affects dogs. Additionally, CBD products are not yet regulated — meaning consistency and purity are not always validated. Therefore, if you're considering using CBD oil as a treatment for dog anxiety, it's best to consult with your veterinarian. Your veterinarian can help you determine if CBD oil might be a good treatment for your dog's anxiety, as well as discuss different products, possible side effects, and risks.

Dog Anxiety: Prevention

It can be difficult to predict exactly what will make your dog anxious, and even more difficult to determine if your dog's anxiety will develop into a more serious disorder. However, there are ways to help a dog or puppy avoid anxiety-related problems.

Body Language One of the best things you can do is learn to read dog body language. Knowing when your dog is uncomfortable or scared can help you avoid negative experiences or use them as a positive training moment. Body language can also tell you when a dog is getting anxious, which is especially useful if your dog has a history of aggression-related anxiety.

Socialization Proper socialization can prevent the development of anxiety. Introducing your dog to new people, dogs, animals, places, and experiences can help avoid an exaggerated response down the road, and also helps your dog become a well-adjusted canine citizen.

Obedience [Obedience training](#) is an essential tool for preventing and managing dog anxiety. It lays the foundation of a healthy relationship and establishes trust. A well-trained dog is easier to socialize than a dog without training, and obedience classes are a great place for dogs to meet other dogs in a controlled environment.



Things that make Bulldogs happy:

Smiling

